

Courageous Conversations Connect

20 | Press Kit
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COURAGEOUS Conversations
Connect



Dr. Argie

Relationship Therapist

Ask
Dr. Argie
Courageous Conversations Connect



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About Dr. Argie



Founder of F.A.I.T.H. Connects LLC (Family and Individual Therapeutic Healing); Co-Founder and CEO of Connections Matter LLC; Co-Founder and CCO Mental Health First Connects, Dr. Argie is a distinguished figure in the field of therapy and mental health. She is also the accomplished author of her debut book, "Courageous Conversations Connect: A Pathway To Reset Your Mindset With Intentional Thoughts From The Inside Out."

Educational Background

Prior to her graduate education, Dr Argie got her start at the Philadelphia HS for Girls where she graduated in 1983 and went on to receive her bachelors of science degree, majoring in psychology, from the prestigious Howard University in 1988

Dr. Argie earned her Doctor of Philosophy degree in Couple & Family Therapy from Drexel University in 2009, following her Master of Family Therapy degree in Marriage & Family Therapy from Drexel University (formerly Hahnemann University) in 1998.



Community Involvement

Dr. Argie Allen-Wilson's (affectionately known as Dr. Argie) commitment to mental health and well-being extends to her active involvement in various community initiatives. In 2017, she was recommended and appointed by PA State Senator Vincent Hughes and PA State Democratic Leader Jay Costa to the Advisory Committee on College Suicide Prevention.

Professional Involvement

Dr. Argie Allen-Wilson has made significant contributions to the field of therapy and education.

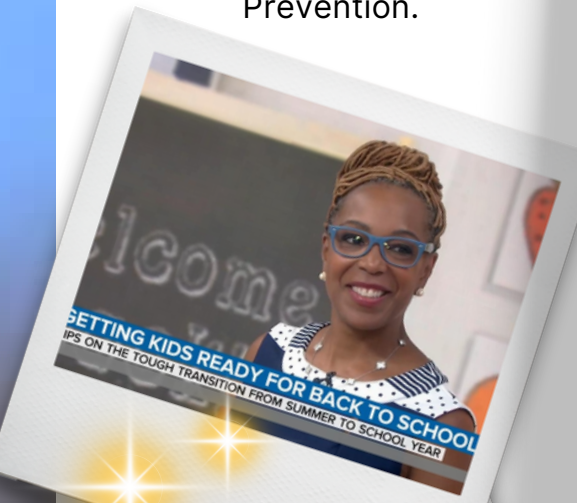
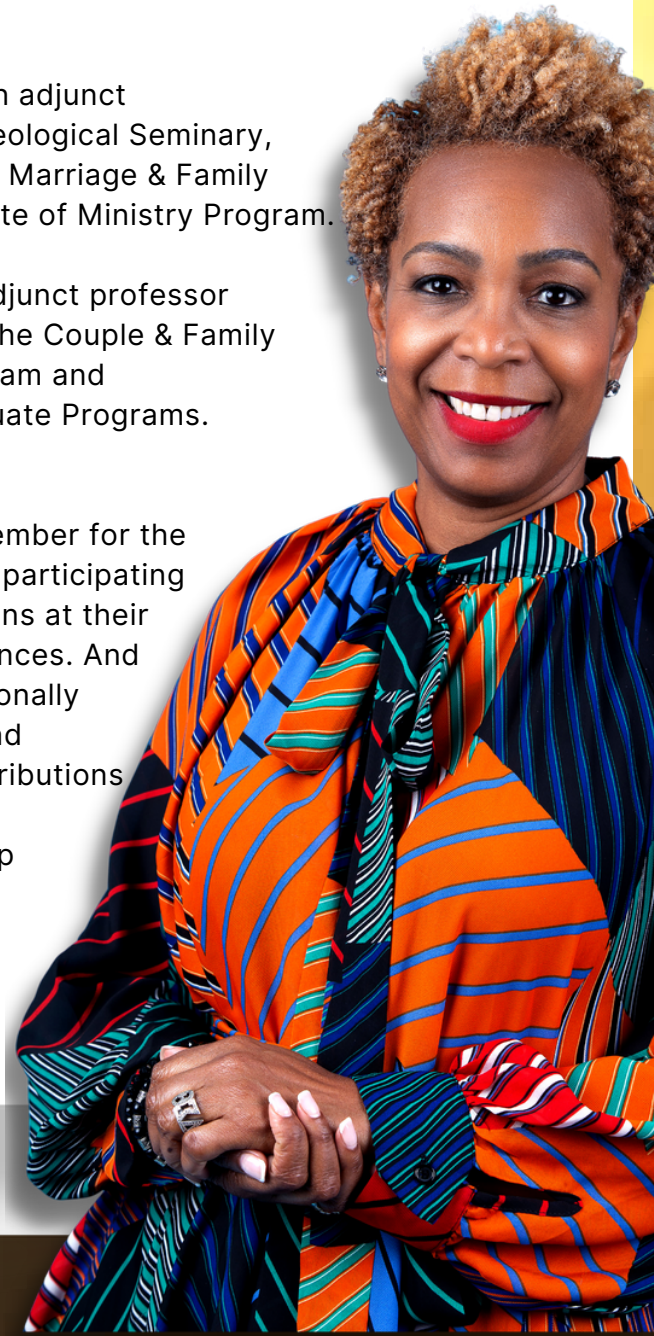
Dr. Argie served as a professor at Drexel University in the Couple & Family Therapy Master's Program and served as an adjunct professor in Drexel's Psychology Undergraduate Programs.

Dr. Argie has a rich history of working with individuals, couples, and families as a full-time clinical practitioner at the Council for Relationships in the University City section of Philadelphia.

She held positions as an adjunct professor at Palmer Theological Seminary, teaching Supervision of Marriage & Family Studies in their Doctorate of Ministry Program.

Dr. Argie was also an adjunct professor at Drexel University in the Couple & Family Therapy Master's Program and Psychology Undergraduate Programs.

Her expertise led her to serve as a faculty member for the Multi-Cultural Institute, participating in round table discussions at their Annual Culture Conferences. And has presented internationally in Europe and Africa, and continues to make contributions locally and nationally through her membership to Delta Sigma Theta Sorority Inc.



Media Presence

Dr. Argie Allen-Wilson has a strong media presence and has been featured on numerous local and national television and radio platforms, including:

- "The Today Show" major segments
- The fourth hour with Hoda Kotb and Jenna Bush on The Today Show
- The Mel Robbins Show
- The Tamron Hall Show
- MSNBC
- CNN
- Radio One's The Tom Joyner Morning Show with Jacque Reid
- iHeartRadio WDAS Patty Jackson's "Rewind-Real Relationship Talk" Segment
- Radio One WRNB 100.3's "Philly Speaks" with Senator Vincent Hughes
- Good Day Philadelphia on Fox29 News
- Emmy Nomination (Mid-Atlantic) in 2015 for her contribution to a Fox 29 News segment



What's Going On



Author & Entrepreneur

Connections Matter LLC

Connections Matter LLC is the premier edutainment marketing and communications hub exclusively dedicated to promoting Dr. Argie's diverse range of offerings. Whether it's her insightful books, engaging webinars, enlightening seminars, educational content, or corporate collaborations, we are your definitive source for all media related to Dr. Argie.

F.A.I.T.H. Connects LLC

F.A.I.T.H. Connects LLC under the leadership of Dr. Argie Allen-Wilson, (Global Relationship Transformationalist) and her husband Morgan E. Wilson Jr. are committed to educating our communities therapeutically, spiritually, and artistically through motivation, inspiration, education, and transformation. Through best practices and innovated therapeutic models, Dr. Argie leads the practice in helping individuals, couples, and families heal one relationship at a time and one courageous conversation at a time.

Mental Health First Connects Inc.

Mental Health First Connects Inc. is built upon five essential pillars: Awareness, Education, Assessment, Advocacy, and Equity, which collectively empower individuals from black, brown and indigenous communities to effectively navigate the mental health system.



Courageous Conversations Connect

Dr. Argie Allen-Wilson's book **Courageous Conversations Connects** is a guide to meaningful and transformative dialogue. Through personal stories and practical insights, Dr. Argie illustrates the profound impact of courageous conversations on personal growth and relationships. The book empowers readers with the tools and wisdom to engage in open, empathetic, and healing discussions, ultimately fostering stronger connections with others.

Awards and Accolades

Dr. Argie is a highly distinguished therapist, boasting a substantial collection of prestigious awards and accolades that recognize her exceptional contributions to the field of mental health. Her extensive recognition underscores her expertise and commitment to helping people achieve profound personal growth through courageous conversations.

**Mayor-Elect Cherrille Parker
Health and Human Services
Sub-Committee Transition Team.**
Appointed with husband, Morgan E. Wilson, Jr.



**Governor Josh Shapiro Health & Human
Services Committee Transition Team**
Under the Leadership of Rev. Dr. Alyn E Waller,
Sr Pastor of Enon Tabernacle Baptist Church



**I Choose to Win - Bold, Brave, Brilliant
Awards Gala Honoree (10/14/2023)**
Recognizes and celebrates women who edify,
empower, and equip women to live a life
of winning (aka boldly, bravely and brilliantly
unleashing their God-given gifts to
positively impact the world.)

Black Men Heal – Robert E. Roberts Award
(11/11/2022) - Robert was one of
the Black Men Heal providers whose ministry
seemed to be in compassion, helping, encouraging,
uplifting, and pouring into people.



National Academy of Television
Dr. Argie Allen-Wilson received an Emmy Nomination
(Mid-Atlantic) in 2015 for her contribution to a Fox
29 News segment titled "All Teched Out" by Special
News Reporter Joyce Evans.

**Appointed to PA Suicide
Prevention Task Force**
PA State Democratic Leader J. Costa - Advisor
Committee on Suicide Prevention 2017



Recipient of Dr. Fields Legacy Award
The Dr. Fields Legacy Award recognizes a person
who embodies the spirit of and commitment to the
development and support of Drexel Students, the
University, and the community it serves.

Women Against Abuse -
Board of Directors – Winter 2021-Present



The Humanitarian Award
(McCloskey Elementary School)
Awarded by Mr. Pizzo (5th Grade Teacher)

Brand Elements

Website

www.ConnectionsMatterLLC.com

www.DrArgieConnects.com

www.DrArgieEPK.com

Color Palette



#1a73ff

#c3c761

#d99a29

#ffffff

#000000

Social Media

Facebook
Instagram
YouTube

@AskDrArgie

LinkedIn
X

@DrArgie

LOGOS



Photo Gallery

For downloadable photos visit
www.DrArgieEPK.com

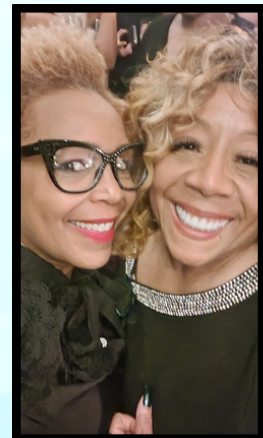
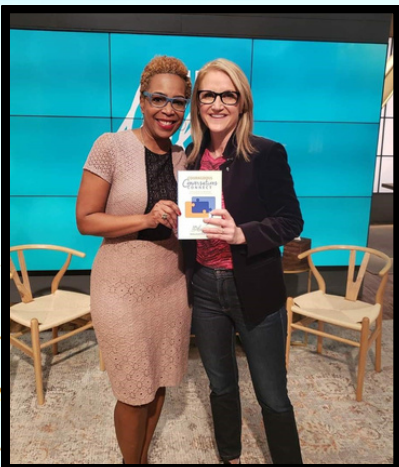


Photo Gallery

For downloadable photos visit
www.DrArgieEPK.com



Speaking Engagements

Montgomery County Bar Association Family Law Section – Workshop Facilitator

Managing Relationships & Stress with the Family Law Experience

Faegre, Drinker, Bittle & Reath Attorneys, Chicago, IL – Speaker

Diversity and Racial Fatigue in the Workplace – How to Get Unstuck and Bridge the Divide

Barristers Association of Philadelphia (The association serves as a proactive organization aimed at combatting racial discrimination against black lawyers)

- **Speaker** - A Courageous Conversation with Dr. Argie Allen-Wilson

Werten Bellamy (Founder of Charting Your Own Course) - Speaker

Annual Conference for Attorneys of Color

Drexel University Black Alumni Council – Women’s Panel -

Women Leadership: Shattering the Glass Ceiling - The importance of women’s leadership and diversity in the workplace, how to navigate a successful care despite systemic barriers and implicit bias.

Howard University Alumni Association – Moderator - Mental Health Webinar –

Navigating the Holiday Season During a Pandemic

Free Library of Philadelphia – Workshop Facilitator - Healthy Relationships Matter

– “Building Healthy Relationships In & Out of the Workplace 4-part workshop series (Re-Center; Re-Focus; Re-Store; Re-Engage)

Free Library of Philadelphia – Workshop Facilitator - The Importance of Diversity,

Equity & Inclusion to the City of Philadelphia

Boeing - 2022 Mesa & Philadelphia Diversity & Inclusion Summit – Workshop

Facilitator - Inclusion Revolution – Building a culture of appreciation and inclusion at work.

Boeing - 2021 Mesa & Philadelphia Diversity & Inclusion Summit – Workshop

Facilitator - Diversity & Racial Fatigue in the Workplace: How to Get Unstuck and Bridge the Divide

Johnson & Johnson – Workshop Facilitator - Building the Inclusive Workplace:

Creating a Culture of Psychological Safety, Inclusion and Belonging

Speaking Engagements

Johnson & Johnson 2023 Global Summit – Workshop Facilitator - Mindfulness, Health & Wellness Impact Breakout Workshops. The Inclusion Revolution: Diversity Matters of the Heart

Johnson & Johnson – Workshop Facilitator - Bring Your Child to Work Day
“Bringing People Together in the Workplace, Nurturing the Future & Working Better”

Breast Cancer Foundation – Panelist - Breast Cancer Documentary – “share my story and the stories of breast cancer survivors and those who fought a good fight”. Focus on You/Focus on Family – A Better You, A Better Me, A Better Us

Network of Executive Women (NEW) – Rising Stars Development, Nashville, TN – Keynote Speaker A Brand-New Me: Transformation from Fearful to Fearless, Focused to Free

Quaker City Alumnae Chapter Delta Sigma Theta Sorority Inc. – Panelist - Shedding the Stigma Event: Suicide Awareness and Prevention and Breast Cancer Walk

Tommi Vincent (wife of former Eagles player Troy Vincent) – Stay a While with Tommi Vincent - Podcast Guest - Podcast description: If food is love then this podcast is virtual soul food. Stay A While is a podcast satisfying our hunger for connection and a judgment-free conversation. Every episode, host Tommi Vincent breaks bread with bold, passionate everyday women who have faced the impossible, and are still standing to tell their testimony.

Richard Lawson. - Panelist - “Black Terror” Town Hall Panel Discussion during the “Art for Social Change Experience”

Stephanie Humphries (Roland Martin) – The Pivot Podcast - FEAR – What is fear and how it manifests itself.

Women Against Abuse (WAA) Board Member – iPledge Campaign Moderator

She Shine Conference Celebrating Sisterhood - Welcome with Sheryl Lee Ralph Hughes & Video Documentary – Presenter/Opening Remarks - SHE SHINES Conference is Philadelphia’s premier women’s conference. We focus on empowering, inspiring, and offering hope and opportunities by engaging a collective network of women, particularly black women, who are disenfranchised and disproportionately represented in various sectors and spaces throughout the region and beyond.

Speaking Engagements

She Shine Conference Celebrating Sisterhood – Panelist - Taking Care of Your Health & Support for Stressed Mothers and Guardians SHE SHINES Conference is Philadelphia's premier women's conference. We focus on empowering, inspiring, and offering hope and opportunities by engaging a collective network of women, particularly black women, who are disenfranchised and disproportionately represented in various sectors and spaces throughout the region and beyond.

The Ladipo Group - Podcasts with Tanya Ladipo – Guest - Burnout and the Bottomline How to Handle Microaggressions in the Workplace

Jack & Jill of America, Inc. Montgomery County PA Chapter – Workshop Facilitator - Mental Health and Wellness Check-in "Moms are we ok"

Jack & Jill of America, Inc. Montgomery County PA Chapter – Workshop Facilitator - Jr. Teen Event Theme: "Better Together"
The Power to Heal – Amplify the intersection of domestic violence and gun violence.

Churches I have spoken at:

- Enon Tabernacle Baptist Church;
- Mt. Carmel,
- New Covenant,
- Mt. Enon, Maryland

Philadelphia Eco-Therapy Collaborative

Thank You

**For more information or to
book Dr. Argie contact us at . . .**

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This Press Kit Created By

